



THE SAFETY STOP

COJO's MONTHLY NEWSLETTER

On Location from: **COJO World Headquarters, New Brunswick, Canada**

ISSUE 113

What's New

Welcome to the **June 2020** edition of the COJO Diving Safety Stop Newsletter!!

May was a beautiful month for weather and, having the state-of-emergency coming off a bit, it is even better for getting out and getting under water!! **COJO was crazy busy** this month with fun dives, work dives and awesome events!! Thanks to the entire COJO team and, especially to all the **loyal customers** who have been supporting throughout this crazy time!! Hopefully get some well-deserved diving in soon!!



Doc Octo, Dr John Prendergast, was a hit!! There were 47 people on the zoom conference where John did the **COVID-19 and Diving** presentation!! Hopefully everyone understands what is real and what is not real just a bit better now!! **Great job John!!**

For those who weren't able to attend the conference, we will, at some point, do it again!! Don't you worry!!

COJO Rescue has been busy getting back into the swing of things. The Shakeout exercise was a huge success!! Although the dive hasn't happened yet, the preparation and laying out of Sylvain's boat allowed for everyone to see exactly how to set up the boat best for surface supply operations!!

Our retail store is now open to the public, We have been open for some of May and continue to be open now. Please bear with us through these new times as we are still adjusting. There are guidelines for distancing that must be maintained and, all customers must wear a mask to come to the store. This is just to be extra-cautious, so no one ends up not able to dive due to an infection!!

Thanks, Safe Diving, and remember to shop local!!

Connie and Joe
COJO Diving

COJO's Current Store Hours
Monday to Friday – 5pm to 8pm



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Courses In-Progress

Leading up to April, there were a number of students at different levels that were excitedly going about their training. The **training for now is on hold** but, when it resumes, these **students are raring to go!!**

COJO is now able to teach most courses, with new rules in place to ensure social distancing and safety of all divers both on land and in the water.

For the Open Water courses, it is looking like mid-July will be the timeframe to start up again!! Woo Hoo!!

Courses in May

During May, COJO was able to conduct the following courses without the diving portions. Due to the easing of restrictions, the diving will be taking place at a later date!! Hopefully we will be back to normal soon!!

PADI – Self-Reliant course – 26 May

That was it for the month but courses are returning in June, don't you worry!!





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Courses to Come

Looking ahead, For June and into the Summer will have **interesting challenges!!** We have **tons of options** though to keep up with your training. Students on dive courses can self-study with textbooks or **through e-learning**. We will have **webinars** to cover content we would typically do in the classroom. As restrictions ease we will have options to complete hands-on training and dives while following health official guidelines and keeping our students and instructors safe!!



Here is a list of courses coming up in June and Beyond:

- **9 to 12 June** – **COJO** – Compressor Operator Course
- **16 to 17 June** – **TDI** – Basic Gas Blender Course
- **22 June** – **TDI** – Technical Sidemount/Intro to Tech (Classroom Only)
- **4 to 5 July** – **PADI** – Advanced Open Water Course
- **24 to 26 July** – **PADI** – Self Reliant Course (Dives) (COJO North)

If you see something you are interested in, or if you don't see something you want, send us a note on Facebook or by email!!

e-Learning is 25% Off until end-June!!



Now is a great time to sign up for any of our e-Learning classes!

Check out our website using this link: [Training -> eLearning](#)



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We are working on a **complete list of training options** to make the most of our time away from the water. By combining e-Learning and Instructor-Led webinars, we can complete all of theory work required and use creative ways to complete practical exercises and exams.

Note: Some courses require dives to complete the certification.

Spring Training Schedule

- Self-Study **PADI** – **Advanced Open Water course (e-Learning)**
- Self-Study **PADI** – **Rescue Diver course (e-Learning)**
- Self-Study **DAN** – **DEMP**
- Self-Study **Red Cross** – **First Aid/CPR**
- Self-Study **PADI Specialty** – **Enriched Air (+online class)**
- **Oxygen Provider**

The following courses need a practical/hands-on classroom session to receive certification, which will be scheduled as soon as possible:

- **DAN** – **DEMP (within 6 months of the e-Learning)**
- **Red Cross** – **First Aid/CPR (within 3 months of the e-Learning)**
- **PADI Specialty** – **Enriched Air**

The following courses/dives will be scheduled as soon as possible:

- **PADI** – **Open Water Diver course (Pool & Dives)**
- **PADI** – **Advanced Open Water Diver course**
- **PADI** – **Rescue Diver course**
- **PADI** – **Divemaster course**
- **PADI Specialty** – **Solo / Self-Reliant**
- **PSD** – **Surface Support Specialist course**
- **PSD** – **Public Safety Diver course**





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Events in May

Doc Octo COVID-19 and Diving”



On 25 May Doc Octo gave us some awesome insights as to what potential risks are associated with COVID for divers. It is still so early on in this whole new world that it is very hard to really say too much but, what is known is that COVID can be very brutal on the lungs and other systems of the body!! **A HUGE thanks to John Prendergast** for taking the time to get the facts and present them at a level that a grade three could understand!! Maybe next time you will know your audience and present them so I can follow as well!! Seriously though, **awesome work John**, thank you very much!! If you would like to see the presentation again or if you didn't get to see it, there will be a time when we re-present the information!!





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COJO Diver's Social, Sale and Swap Event



On 14 June, from 9am to noon, COJO will host their annual **Diver's Social, Sale and Swap Meet!!** This is a chance for divers to go through their diving closets and see what gear they no longer use. Bring it in and sell at one of the tables in the store or, if it is nice, out in the parking lot at the **COJO World Headquarters** in Lincoln NB.

As always, there will also be **pictures available on Facebook** so that if you are unable to make it, you can still have a chance to buy!! Don't miss the chance to come in and socialize with the divers you haven't seen all winter!!

"Really Dusty" Fin Dive Event



On 20 June, from 10am to 3pm, COJO will host their annual **Dusty Fin Dive** at **St. Andrews NB!** McCann Head is located just a few minutes away from downtown St. Andrews. Plan to come out for a dive (or two!).

McCann Head is an easy access dive site with a beach entry and rocky headwall with interesting marine life. It's a perfect site to kick off the dive season and have a shake-out dive for skills & gear.



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Equipment Servicing

Is your equipment due for service?

Here are just a few of the services we offer:

- **Regulator Servicing.** Regulators should be inspected at least once a year, and rebuilt every 2 years (depending on the manufacturer instruction. If you notice any issues – leaks, hose cracks, difficulty breathing, it's definitely time for servicing.
- **Computer Battery replacement.** We recommend battery replacement at least once a year, and more frequently if needed for higher usage especially in cold water dives
- **BCD Cleaning & Servicing.** We run through a full-point checklist of all parts and a full inflation test as well. We apply a treatment rinse to the inside of the bladder as well!
- **Drysuit seals replacement.** Don't leave wrist or neck seals with nicks or tears, we can repair those before they end a dive!

For a complete list of services, check our website here: [Services and Inspections](#)





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Monthly FUN FACT

Males protecting eggs are known for their bright red colour.

Republished from: <http://www.mi.mun.ca/csar/>

Image from: [Connie Bishop](#)





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COJO "Throwback" Pic

April 2015

It was a great day of diving in Eastport ME! Shannon, John, Matt, Joe and Mike!



[Click for COJO YouTube Channel](#)

Thanks and we are looking forward to diving with you soon!!

Connie and Joel!!