



THE SAFETY STOP

COJO's MONTHLY NEWSLETTER

What's New

Welcome to the March edition of The Safety Stop news letter. We have a busy month ahead with the [Boston Sea Rover's Conference](#) and an Ice Diving Course / Excursion in Bathurst, NB at the end of the month. This is going to be a very fun time with members of Shearwater Dive Club coming up for the diving and some fun At Atlas Park.



For the Boston Sea Rovers Conference, we will be joining Ocean Quest Adventure Resort <http://www.oceanquestadventures.com/> in their booth to promote our June / July excursion to Newfoundland. We will be diving the Bell Island Wrecks from 26th June to 1st July 2011. Our Hosts Rick and Debbie Stanley and the crew at Ocean Quest will be taking us down on the beautiful, historic Bell Island Wrecks.

If you are looking to take on Wreck Diving, we will be offering the Basic Wreck Diving Course in NFDL this year to complement the diving we will be doing on the Bell Island Wrecks. We are also running a Deep Diver Course, Sidemount Diver Course and Nitrox Course. If you are interested, please let us know.



We encourage you to send in pictures for our Photo Of The Month. If your picture gets chosen, your picture and name will be published in the Safety Stop and you could win an additional coupon redeemable for merchandise or services at COJO Diving.

Finally if you have any suggestions feel free to send them to us at COJO and we will do our best to help make New Brunswick a thriving dive destination!!

If you would like to stop receiving the [Safety Stop Newsletter](#) please REPLY to this e mail with UNSUBSCRIBE ME in the Subject.

Thanks and Safe Diving!!

Joe George
COJO Diving



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Courses To Come

Joe will be teaching an **Oxygen Provider Course** on 3 March from 6 to 10 PM in the Fredericton Classroom / Showroom. Completion of this course qualifies you to effectively administer Oxygen at a dive site emergency. There are still a few spots available. If you are interested please send a quick note. The cost is \$125.00 + tax. In addition to this course, we have Ongoing **Dive Master Courses** as well as a **Deep, Wreck** and **Ice Diver Course** coming up.

Contact us for information on any of these courses or take a look at our training calendar. If the dates don't line up for you, let us know and we can see about tailoring a course to your availability.



Courses Completed or Ongoing

We have just finished up another **Enriched Air Nitrox Course** and a **Basic Wreck Course**. If you are interested in a course that isn't on the calendar, send a note to cojodiving@gmail.com and we will see what we can do.

Right now we have these courses running!!

**Recreational Dive Master
Assistant Instructor**



For information on these or any courses, visit our website www.cojodiving.com or just e mail us at cojodiving@gmail.com



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Excursions This Past Month

February found Joe in Esquimalt, British Columbia for 2 weeks with work. There he completed about 15 dives and got some great shots of local marine life. He was able to find an Octopus, and a few really neat bottles with the help of new dive buddies George and John from the local Aquarius Dive Club <http://www.aquariusdiveclub.com/>.

Thanks very much guys for your help and hospitality!

We would also like to thank two BC Dive Shops, Wilson's Diving <http://www.wilsondiving.com/> and Scuba Stu's Underwater Adventures <http://www.scubastu.com/> for their hospitality. Both of these shops are on Vancouver Island and offer Air and Nitrox fills as well as rental gear.

We are toying with the idea of an excursion next year to [Vancouver Island, BC](#). If anyone is interested, let us know. It would be a great one!!

Connie spent a couple days diving Eastport, ME but the wintery weather has had her snowed in for most of February. The Cape Breton Diving Excursion and the Waterproof / Sitech Demo from Easy Dive also had to be postponed due to the Snow. We are going to reschedule an excursion to Grand Narrows later in the spring.

Be sure to catch Connie's "[Winter Diving, Why We Love It](#)" Blog on our site under Blog. It is a treat!!



Photo Credit: Hugh Crammond



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Exercise Roguish Buoy

Exercise Roguish Buoy is a Canadian Combat Diver Exercise held annually normally in Esquimalt, at least for the last few years. It is an exercise to test the Combat Divers' skills both in planning and executing military operations underwater. The tasks vary from year to year but normally include Underwater Demolitions, Construction, Navigation and general proficiency anywhere from the surface to 100fsw (30msw).



This year, members of 1 CER (Edmonton Alberta), 2 CER (Petawawa Ontario), 4 ESR (Gagetown New Brunswick), 5 RGC (Valcartier Quebec), The Army Dive Center (Gagetown New Brunswick) and Canadian Forces School of Military Engineering (Gagetown New Brunswick) took part in the two week dive training extravaganza. Divers from all across the country worked on tasks and accumulated an extensive amount of bottom time.

They participated in all phases of the training cycle from Diving, Supervising, Boat Operator, Standby Diver and Tender. Some of their tasks included target demolition at Whirl Bay and construction of Scaffolding underwater. These types of tasks also incorporate use of ropes and lifting tasks and are very good at exercising the diver's buoyancy and trim skills.

This year marked a landmark. **Master Warrant Officer Gino Sharp** was there participating in his 23rd consecutive Roguish Buoy. Gino has helped shape Army Diving into what it is today and has trained and supervised many of the divers within the community today. Thank You for your dedication Gino!





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Upcoming Excursions

March 4th, 5th and 6th The COJO Van will be heading to the Boston Sea Rover's Conference. This conference will be one of the best events of the year!! One of the Key Speakers is Rick Stanley of Ocean Quest Resort, based out of Conception Bay South, Nfld. He will be talking about the Bell Island Wrecks off of Nfld. One key note to this is that we have an excursion in June to dive these wrecks with Ocean Quest.



This will no doubt give us first hand insight into the wrecks and the preservation of them as well as the challenges that face preserving all wrecks for future generations to visit. We have had the pleasure of listening to Rick talk about the Bell Island Wrecks and his passion comes out every time! Don't miss it!!

Of course March is also **Ice Diving** Month. Again, we have a Facebook Event Page for the trip. We will be heading up to Atlas Park Quarry near Bathurst, NB for a dip under the ice. If you are qualified, we would love to have you up for the dive, if you would like to take the plunge, we will be offering the course from 25 to 27 March. Come out and give it a try!!





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Specials

March Specials

Edge Stealth BCD



LIST PRICE: \$549.98 **SALE PRICE: \$279.99**

Lightweight, weight integration, and rear flotation. Designed with the best innovative technology. Attention to each detail makes this BC one of the first choices of serious divers.

EDGE Exclusive 2 year full warranty with lifetime upgrade program (Trade in at any time for 50% off retail of any EDGE Buoyancy Vest)

Features

- Backpack style harness
- Advanced power inflator
- 2 dump valves, 1 upper and 1 lower
- Quick-release multi position chest/sternum strap
- Easily adjustable waistband buckle for quick adjustments

HOG 58Lb lift Tech Wing



LIST PRICE: \$299.98 **SALE PRICE: \$159.99**

The HOG 58lb Wing is specifically designed for diving with dual cylinders. The 58lb lift is ideal for divers who use steel doubles and for divers using stages.

- 58lb Lift Capacity
- 3 Sets of Bolt Holes for Configuration Flexibility
- Center Mounted Inflator Elbow
- 1680 Denier Cordura Nylon Shell

If you would like to find out more or take advantage of these GREAT DEALS send us a note at cojodiving@gmail.com



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Picture of the Month



PHOTO CREDIT: CONNIE BISHOP © CONNIE BISHOP 2011

This Picture of a Northern Basket Star was taken by Connie on 19 February in Eastport, ME.

If you would like to submit a picture for the Picture Of The Month Contest, simply e mail it to us with a statement saying it is your property. We will give full credit in the newsletter and you may be eligible to win a prize. The picture can be underwater or above but must be of diving or of a diving nature.



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News

We have EXPANDED!! Check out our Website for exciting new products from SiTech, Ikelite, Dive-X, McNett and Coming Soon, Faber, Catalina and our Complete

MILITARY LINE UP!

Our new book “**Sidemounting for the Recreational Diver**” is due out before summer. If you would like to pre – order a copy, send us an e mail and we can reserve it for you.

We will be visiting the Ocean Quest Booth during the Boston Sea Rovers Conference. Be sure to come and say hi to us and The Ocean Quest Crew!!

We would love for you to follow us on Facebook. Become a friend of COJO Diving at <http://www.facebook.com/pages/COJO-Diving/156018204447818> and on Twitter at <http://twitter.com/#!/cojodiving>

Steve Moore the Eastern Canada TDI / SDI rep will be travelling through the Fredericton area and making a stop at COJO Diving on the 15th of April. All Eastern Canada members and facility owners – renewed or non renewed - are very welcome to attend an update but are requested to send a note to cojodiving@gmail.com to let us know you are coming.

Pool Bookings

We have no public dive times booked for March. Just course timings. If you would like to practice some skills in the pool let us know and we will get some pool time.

Looking forward to diving with you soon!!

Connie and Joe!!