



# THE SAFETY STOP

COJO's MONTHLY NEWSLETTER

On Location from: COJO Diving World Headquarters  
158 Garden Grove Road, Lincoln, NB, Canada

ISSUE 62

## What's New

Welcome to the **March 2016** edition of the **COJO Diving Safety Stop** newsletter.

**February** was crazy busy here!! During February **COJO** had **6 courses** ongoing or starting and two presentations!! A very special thanks to **Hubert Arseneau** who set up the **Discover Ice Diving** for COJO in Bathurst. Awesome Job...and awesome bouillon!! Later in the newsletter there is a link to a **video** that **Rene Arseneau** made of the dive!! Woo Hoo!!



The **COJO SEAL Team** course is going awesome!! These SEALS are ready to do any aqua mission assigned to them!! Great job so far!! A special thanks to SEAL Dive Master **Abby Cammack** who has been absolutely amazing in mentoring the kids with her perfect mask skills!!

**COJO** also had an awesome night with **Chelsea Cowell-Pasch**, and **The New Brunswick Archaeological Society**. During which, we discussed moving forward with COJO and NBAS teaching some archaeological procedures and how to map and explore virgin wrecks without compromising the sites!! Awesome!!

**Doc Octo** is back with a new article on **Why You Need To Be Part of Diver's Alert Network**!! Thanks Doc!!

Need new gear but not sure you can afford it all at once? Don't forget about our awesome "**Rent to Own**" program!! Ask us for details!!

### COJO Lincoln Store Hours:

Monday	6pm to 9pm
Tuesday	3pm to 9pm
Wednesday	3pm to 9pm
Thursday	5pm to 9pm
Friday	3pm to 9pm

Thanks and Safe Diving!!  
**Connie and Joe**  
**COJO Diving**



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### Courses During February

During **February**, COJO ran a crazy amount of courses.

- **PADI** – SEAL Team Course
- **PADI** – Open Water Diver
- **PADI** – Discover Scuba Diving
- **COJO** – Discover Ice Diving
- **DAN** – Oxygen Provider's course
- **PADI** – Enriched Air Diver course

Great job to all of the students!! Especially the **PADI SEAL** Team - **Liam, Jenna** and **Abel!!**





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## Courses To Come

Looking ahead into the rest of **winter, spring and beginning of summer**, we have plenty of courses scheduled!! We are looking to do quite a few early in the new-year and keep training all year long!!!!

- 1 & 5 March – **COJO** – Discover Ice Diving
- 13 March – **PADI** – SEAL Team course Dive 3
- 15 March – **PADI** – Enriched Air Diver course
- 16 March – **DAN / EFR** – Oxygen Provider course
- 17 & 19 March – Discover Sidemount Diving course
- 19 & 26 March – Discover Scuba Diving
- 20 March – **PADI** – SEAL Team course Dive 4
- 13 April – **PADI** – Enriched Air Diver course
- Mar - May – **PADI** – Winter Session Open Water Course
- Apr – May (dates to be finalized) – **PADI** – Rescue Diver course
- 31 May to 5 June – **TDI** – Intro to Tech – Bathurst

If you would like information on courses for 2016 or on our **Training Calendar**, contact us at [cojodiving@gmail.com](mailto:cojodiving@gmail.com) for more details!!



[Click here](#) to view a video of the COJO Discover Ice Diving course!! Thanks to Rene Arseneau ( [raycinematography.com](http://raycinematography.com) ) for the awesome video!!





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### Events During February

#### NB Archaeological Society



On **17 February**, COJO had an awesome turnout for **New Brunswick archeologist Chelsea Colwell-Pasch** and her fascinating introduction to the field of **Underwater Archaeology!!**

Chelsea discussed the work that has occurred in New Brunswick to date, and the work yet to do. And how to properly treat artifacts, in particular, **shipwrecks!!**

**Awesome Job Chelsea!!** Thanks for coming and we can't wait for the next one!!





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### Blue Heron Bridge Presentation



Right until the end of the month!! On **February 29<sup>th</sup>**, **Connie** presented her talk on **Diving at Blue Heron Bridge**!! This place is an awesome place to go and dive for 2-3 hour dives!! It has some of the most diverse sea life anywhere!! On any given dive, a diver can see **Octopus**, **Sea Horses**, **Manatee**, **Frog Fish** and on, and on!! **Awesome presentation Connie**!! If you would like more information, come into the shop for a talk any night!! Our next Blue Heron Bridge trip will be in **November 2016**. Don't miss out!!



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### EVENTS TO COME!!

#### Boston Sea Rovers

That's right!! **COJO** is headed back to **Boston Sea Rovers** again this year. This time only for a day though because we are just too busy!! No doubt we will be seeing all the old friends like **Rick Stanley** from **Ocean Quest**, **Andy Martinez** and **Underwater Superhero Jerry Shine** who will be talking about **diving in Canada**!! This is a must see because soon the wall will be up and it will be harder to cross the borders!! Don't miss out!! Let us know if you want details.



#### Kingsclear Expedition

That's right, on **May 21<sup>st</sup>** COJO is back exploring the lost town at **Kingsclear**!! More information on this and all of our expeditions can be found on the **COJO Exploration Group Facebook page**!! Look us up. If you would like to know more about any of our expeditions, please feel free to send us a note or come in to the World Headquarters and talk to our explorers!! This promises to be one of the best expeditions yet with tons of insight into the local community pre-Mactaquac Dam!!



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**And Now, Doc Octo!!**



## Why you need to be a member of the Divers Alert Network

For some fortunate divers, March-break is the time to head someplace warm and dive. So this month's column is a push to have those south-bound divers, who are not already members, to join the Divers Alert Network. DAN's story began in the late 70s when the US military began to phase-out a 24 hour emergency hotline that had been used by civilian divers. DAN took over this service and grew from just a hotline, to the world's leader in diving research, dive medicine training and dive insurance. Despite all that DAN offers, membership remains amazingly inexpensive. For the price of what I now pay for gas in a single month (but interestingly used to get for free) you can get all of this:





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**24 hour access to dive medicine specialists.** In an emergency, anytime and anywhere in the world, you can call a DAN dive medicine specialist. In fact, the smart move if you do have a dive emergency is to have your emergency physician call a DAN physician before treatment is even started! As a DAN member you can also go online right now and chat about non-urgent medical issues. Although if you are going online just to chat, how sad is your life?

**The best dive travel insurance.** DAN membership provides no BS insurance designed by divers that covers medical and transport costs, hyperbaric chamber treatment, hospital costs, replacement costs for diving equipment, extra accommodation costs, disability payments and more. As a Canadian without insurance, just try to wrap your head around a six-figure medical bill after a dive accident. Diving without insurance is needlessly careless, period. Read about DAN insurance here: <http://www.diversalertnetwork.org/insurance/>

**The Alert Diver magazine.** Published quarterly, Alert Diver is a fantastic magazine with opinion pieces and articles on a wide-range of dive topics. Included in your DAN membership, Not really sure, just take a look at some of these great back issues available online <http://www.alertdiver.com> .

**DAN collects data on dive incidents and supports dive medicine research.** Sometimes we can learn from the misfortunes of others. Sometimes people are just idiots and nothing can be gained from their disasters. Either way, DAN collects the data and publishes the DAN Annual Diving Report. These reports track data on the causes of dive incidents all over the world. Your membership supports this important service.

DAN does more than just record incidents, DAN also supports independent diving research. The results of this research is used to make dive industry policy on safe practices. Ever wonder who decided how long you have to wait to fly after diving? Yup, that was DAN.

Even if you are not a DAN member, there is a library of articles on dive medicine published online and free to everyone <https://www.diversalertnetwork.org/medical/articles/> .

**DAN teaches.** DAN trains instructors, technicians and physicians. Through seminars and courses DAN sets the standard in dive safety, research and education. DAN's mandate has always been about diver safety. Why not take a local DAN first aid or oxygen provider course or travel to some tropical paradise and learn about dive medicine there?





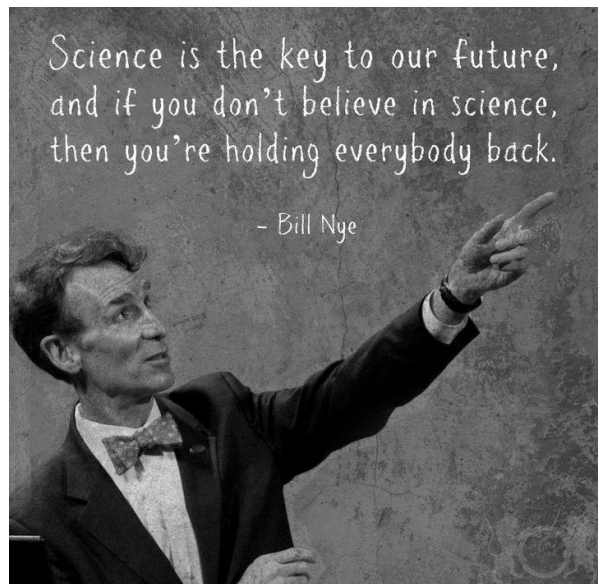
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**DAN supports humanitarian work.** By building hyperbaric chambers in poorer countries, DAN increases the safety of local and visiting divers.

**DAN supports exploration.** For example, DAN contributed a research team for the recent efforts to re-open diving at the Bell Island Mines in Newfoundland.

In summary, we often have different reasons to dive but at its core, diving is still about the science of the human body underwater. DAN supports that science and divers in all kinds of rough situations. In my mind, DAN has no trouble living up to its motto "Divers helping divers".



PICTUREQUOTES.COM



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### COJO “Rent To Own” Program

The **COJO “Rent to Own” Program** is born from the need for divers to get into their own gear sooner. You’ve already decided the diving sport is awesome and you want to go diving as much as you can! But spending money on rental gear doesn’t allow you to save up to buy your own gear. This program supports your dive habit AND gets you into your own gear sooner!

#### *How It Works*

- You set up an appointment for a gear consultation, and we put together your perfect gear package.
- We provide you a quote.
- You pay at least 30% deposit towards your personal “**Rent To Own**” gear package.
- Every time you rent items from our awesome rental fleet that are in the same category as your “**Rent To Own**” package, 100% of those rental fees go towards your gear package!
- Once you have at least 60% down towards your personal “**Rent to Own**” package, we’ll order in your shiny new gear for your personal rental use until your package is fully paid!

More detail is available on our website [here](#).

[Contact Us](#) to setup your appointment!



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### PADI Rescue Diver Course

Course Price: **\$300.00+HST**

Scuba divers describe the **PADI Rescue Diver** course as the most challenging, yet most rewarding course they've ever taken. During the course you learn to prevent and manage problems in the water, and become more confident in your skills as a diver, knowing that you can help others if needed. You also learn to become a better buddy by practicing problem solving skills until they become second nature.

Pre Requisites are the PADI Advanced Open Water diver course and Emergency First Response or equivalent.

What will you learn?

The PADI Rescue Diver course prepares you to deal with dive emergencies, minor and major, using a variety of techniques. Through knowledge development and rescue exercises, you learn what to look for and how to respond. During rescue scenarios, you put into practice your knowledge and skills.





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## Featured Product

### COJO "Critter Wear"

Wolf Fish Print currently in Stock



T-Shirts Regular \$25.00





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**Various sizes and colours in stock!**

### Other News

We would love for you to follow us on **Facebook**. Become a **friend** of **COJO Diving** at <http://www.facebook.com/COJODiving>

**COJO Has a new YouTube Channel where you can view some of our dives as well as training videos. It is constantly being updated so don't miss out!!**

[Click for COJO YouTube Channel](#)

### COJO's New Dive Vehicle!!

COJO has a new dive vehicle!! **Watch for us at a dive site near you in 2016!!**



Thanks and we are looking forward to diving with you soon!!

Connie and Joe!!